

# ATCB REVIEW

Official Newsletter  
of the Art Therapy  
Credentials Board

Spring  
2005

Mission: To protect the public by promoting the competent and ethical practice of art therapy

## AASCB Report

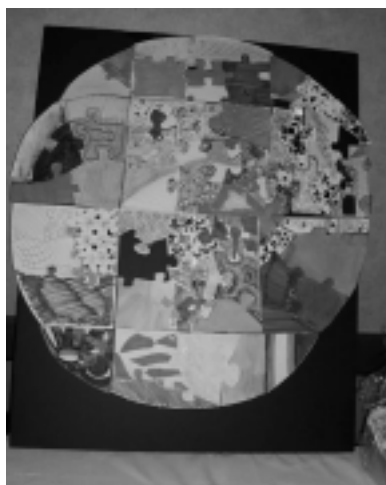
*Anita Mester, President of ATCB*

As President of the ATCB, I had the good fortune of representing our credential holders at the annual meeting of the American Association of State Counseling Boards. I was joined by Gayle Sutch, ATR-BC, President-elect of the ATCB. Also in attendance were AATA President Lynn Kapitan, ATR-BC, and AATA Professional Relations Consultant Cathy Malchiodi, ATR, who presented the AATA's recent changes in educational standards. The topic of the conference was "Public Protection", which parallels the ATCB's mission as your credentialing body. President-elect Sutch and I sat in on many sessions and updated our knowledge of ethics, adjudication, and the administration of credentials. We also engage counseling board members in an art experience that involved a mandala/puzzle in which each representative made a contribution (see photo). The theme of working together was well received.

What a difference a year makes! The past year of dialoguing with and educating state counseling boards has resulted in more boards expressing a willingness to allow trained art therapists to sit for their licensure exams. Conversations with Dean Porter of Orange County revealed that she is working with Wendy Vernon, ATR-BC in the California

Coalition for Counselor Licensure. A board member from Kentucky stated, "With the changes in the University of Louisville's program, I don't have to look twice at recent applicants from the U of L because I know they meet counseling standards and are well trained as therapists."

Tom Clawson of NBCC clarified for the AASCB that his interactions with us over the last year have made it clear that art therapists are not a counseling specialty but a separate profession with its own training, membership organization, and credentialing. The NBCC recognizes that art therapists have an autonomous, established credentials board that administers credentials and adjudicates ethical issues specific to our field. Art therapists recognize that they may need to take additional coursework in counseling in order to become licensed, and our professional counseling colleagues welcome this collaboration.



*mandala/puzzle at AASCB meeting*

In response to AASCB's growing acceptance and knowledge of AATA's revised education standards and our credentials, the strong support displayed by the AATA membership in the business meeting at the annual conference in San Diego, and the input of the ATCB task force members, I will recommend to our full Board that we not support any movement to relocate the ATR at this time. I feel it is not in the best interest of our profession to change the status of our current credentials although I will also recommend to our full Board that we continue to evaluate the proposal. ■

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## ATCB and AATA: How Are They Related

There has been confusion among many art therapists about the relationship between the Art Therapy Credentials Board (ATCB) and the American Art Therapy Association (AATA). It is important to note that these organizations are different and separate legal entities. AATA can be characterized as a member organization and was incorporated in Oklahoma in 1969. Its stated mission was to serve its members and to protect the general public by providing standards of professional competence, and developing and promoting knowledge in, and of, the field of art therapy.

In the 1980's, AATA began exploring the idea of certification of art therapists. At its 1992 fall meeting a resolution was passed to put a certification program in place within three years. By the following November an interim board of ATCB was appointed. Bylaws were enacted in February 1993 and the appointment of the first official board followed in April. On November 20, 1994 the first certification exam was given in Chicago, Illinois. In July 1995 for sound legal and practical reasons, ATCB was spun off into a different legal entity as a separate Oklahoma corporation.

In October 2001, ATCB was reincorporated in the State of North Carolina, the state of incorporation of many other credentialing or professional membership entities, including the National Board of Counseling Credentialing (NBCC) and the American Association of State Counseling Boards (AASCB). ATCB is a non-profit entity with the stated mission of protecting the public by promoting the competent and ethical practice of art therapy. This includes developing and promoting the strongest possible credentials for art therapists, establishing the highest standards for the ethical practice of art therapy and adjudicating complaints involving ethical violations.

ATCB and AATA have each been granted nonprofit status from the Internal Revenue Service but under different sections of the Internal Revenue Code. The Internal Revenue Code grants tax-exempt status to non-profit organizations in more than 20 categories under Section 501(c). Depending on its category of tax-exemption, a non-profit organization may be permitted to, or prohibited from, engaging in various activities. AATA has secured tax-exempt status under Section 501(c) (3) while ATCB secured its tax-exempt status under Section 501 (c) (6).

### Section 501(c)(3) Organizations

Section 501(c)(3) is the public benefit category, and permitted purposes for organizations in this category include: charitable, educational, and literary. Contributions to all 501(c)(3) organizations, except those that "test for public safety," are deductible as charitable donations for federal income tax purposes.

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## New Ethics Requirements for ATR-BCs

In light of the fact that current mental health regulation trends are placing an emphasis on ethics, the ATCB has taken a proactive stance on this issue by adopting a new ethics requirement for ATR-BCs who are recertifying. Effective 07/01/06, all ATR-BCs who are applying for recertification in order to maintain their credentials will need to submit documentation that they have earned six (6) continuing education credits in ethics. These six CECs will count toward the total of 100 CECs required in each five-year renewal cycle.

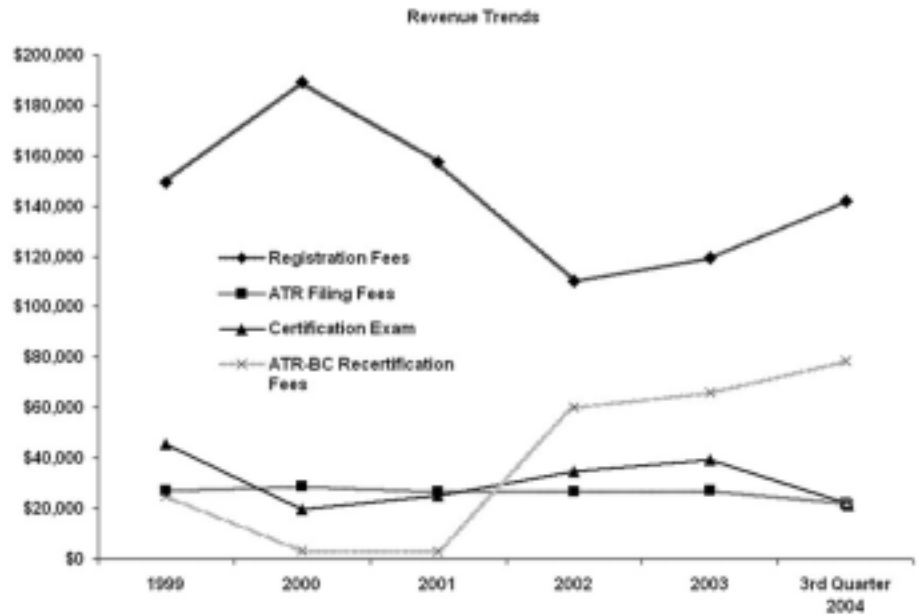
While many recertifying ATR-BCs have been earning ethics CECs out of their own commitment to their professional development, this new requirement provides a formal means of recognizing the significance of such efforts. By establishing an ethics requirement, the ATCB is communicating to consumers, employers, funding sources, and state licensing boards alike that ATR-BCs are accountable practitioners who are willing to further educate themselves in order to ensure a psychologically and emotionally safe treatment experience for their clients. ■

Visit  
[www.atcb.org](http://www.atcb.org)  
 for the latest information  
 about the  
**2005 Board Certification  
 Examination**

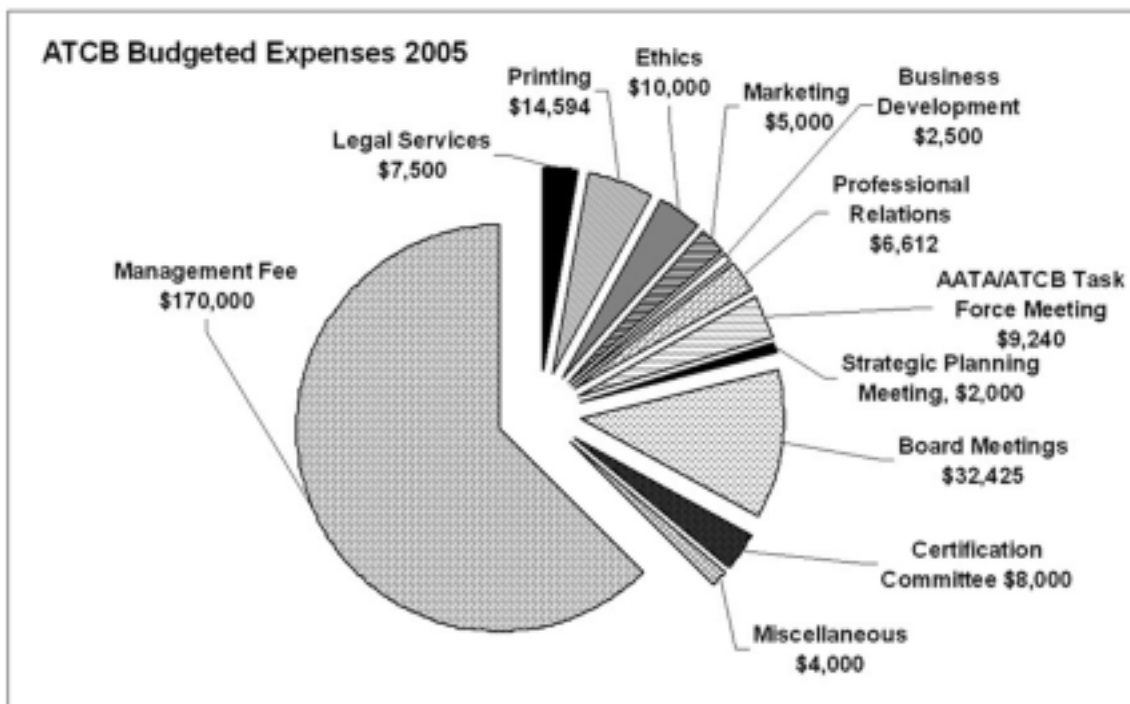
## ATCB Treasurer's Newsletter Report Winter/Spring 2005

It's great to be able to say that the ATCB continues to be on solid financial footing, with an available cash balance of over \$267,000. In accordance with good accounting practices, the available balance would be enough to cover the ATCB's expenses for one fiscal year (FY).

The graph below demonstrates trends in income from fees associated with credentialing from 1999 through September 30, 2004. It is interesting to note that in 2001 and 2002, ATR-BC recertification fees mirrored ATR registration (maintenance) fees, probably reflecting the number of ATRs choosing to earn and maintain the ATR-BC. In 2003 and 2004, the numbers associated with both the ATR and the ATR-BC remain steady, with indications of a trend in increases for both of these credentials.



The ATCB adopted the budget for 2005 at the Fall Board meeting. Budget line items for 2005 were based either on income/expense for FY 2004, or on the average income/expense over the past 5 years. The 2005 Budget is broken down into main categories in the two tables below.



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### Permitted Activities

- As a 501(c)(3), AATA may use its funds for charity, education, and the promotion of literature and related administrative costs.
- Charitable activities may include distributing scholarships.
- Educational activities include creating standards and publications and sponsoring seminars and conferences.
- Literary activities may include promoting books and authors, providing forums for discussions of art therapy topics

### Limitations on 501(c)(3)s

- As a 501(c)(3), any activities which are not charitable, educational, or literary must be insubstantial, i.e., short-term or limited in nature.
- AATA may engage in lobbying up to \$1 million. Lobbying is the support of or opposition to legislation.
- All political activity is prohibited. Political activity is the support of or opposition to candidates for public office.
- Transfer of funds to organizations in different tax-exemption categories is prohibited, unless the transfer furthers a charitable, educational, or literary purpose, or constitutes a loan at market rates of interest.

### Examples of Other 501(c)(3)s

- American College of Surgeons
- American Psychological Association
- National PTA

- United Way
- Arthritis Foundation

### Section 501(c)(6) Organizations

Organizations exempt under this category include: business leagues, chambers of commerce, real estate boards, and boards of trade.

The IRS regulations state that a business league is an association of persons having some common business interest, the purpose of which is to promote such common interests. Its activities should be directed to the improvement of business conditions in one or more lines of business. Contributions to 501(c)(6) organizations are not deductible as charitable donations for federal income tax purposes. Donations may be deducted as a business expense if they are “ordinary and necessary” in the conduct of the taxpayer’s business

### Permitted Activities.

- Promotion of professional activities includes certification of individual credentials, advertising, assisting professionals to earn higher salaries.
- Trade association activities include advertising products or credentials.
- A 501(c)(6) may engage in unlimited lobbying.
- A 501(c)(6) may engage in political activity, but must pay a 35% excise tax on the total amount of its direct political expenditures.
- A 501(c)(6) may engage in the same types of charitable, educational, and literary activities permitted for a 501(c)(3).

### Examples of Other 501(c)(6)s

- American Medical Association
- American Bar Association
- Independent Insurance Agents of America
- Spring Manufacturers Association
- Northwest Association of Realtors

A Board of Directors consisting of seven Directors governs the ATCB. The AATA President traditionally serves in an ex-officio (nonvoting) capacity on this Board. Of the seven Directors, two are elected by ATRs and ATR-BCs, two are appointed by AATA, and three are appointed by the ATCB. Although AATA has a close connection to the ATCB and a strong voice on its Board of Directors, ATCB is a separate and a self-governing entity.

The ATCB has always favored its independence from AATA and will continue to protect it. However, the ATCB also recognizes the need for both organizations to work more closely than ever to promote art therapy as a profession. The ATCB looks forward to finding new and improved strategies to work with AATA in bettering the profession and the professional interests of art therapist. ■

### **Change of Address?**

Don't forget to let us know!  
Call 877-213-2822 or send  
an email to [atcb@nbcc.org](mailto:atcb@nbcc.org)



## ATCB FAQ

Do I need CECs to maintain my ATR credential?

- No. You only need to accrue CECs to maintain your credential if you are Board Certified (ATR-BC).

My original certification date is listed as January 1, but my recertification date is listed as July 1. Which is correct?

- The recertification date of July 1 is correct. When you first become certified, the certification date of all new ATR-BCs is effective on January 1 of the year you receive your results from your examination. The recertification period runs concurrent with the ATCB fiscal year, which runs from July 1 through June 30. This gives new ATR-BCs an extra 6 months to meet their CEC requirements for the first recertification period.

### **Important Changes to Registration Standards for Option B and Option C**

At the November 2004 Board of Directors meeting, the ATCB unanimously approved a motion that reduced the number of hours of post graduate experience necessary to gain approval through Options B and C. The number of supervised direct client contact using art therapy has been reduced from 2000 hours to 1500 hours. Likewise, the supervision requirements have been reduced from 200 hours to 150 hours, with at least 75 hours of supervision provided by an ATR or ATR-BC. These changes were effective January 1, 2005. These changes are reflected on our website and in all of our applications. If you should have questions regarding the change in registration requirements, please contact the National Office. ■

## Letters to the Editor

The ATCB would like to offer credential holders the opportunity to address concerns to the Board of Directors. To accomplish this, we will include a section entitled "Letters to the Editor" in future newsletters. If you have a burning issue for the ATCB, you may submit your letter via email to the following address:

[atcb@nbcc.org](mailto:atcb@nbcc.org)

The editor of the ATCB newsletter will review all correspondence and select letters for inclusion in upcoming newsletters. The ATCB is extremely interested in hearing from our credential holders and the issues they face. ■

## Election Results

In October 2004, the ATCB held elections for two director positions on the ATCB Board of Directors. Thank you for taking the time to submit your votes for this important election. The following art therapists were elected to the ATCB Board of Directors:

Deborah Good, ATR-BC –  
Albuquerque, New Mexico

Marian (Terry) Towne, ATR-BC –  
Shelton, CT

These Board Certified art therapists will serve a two-year term on the board. Congratulations on being elected to these very important board positions! ■

# ATCB

*Art Therapy Credentials Board, Inc.*

**3 Terrace Way, Suite B  
Greensboro, NC 27403-3660**

**877-213-2822**

**Fax 336-482-2852**

**E-mail: [atcb@nbcc.org](mailto:atcb@nbcc.org)**

**Web site: [www.atcb.org](http://www.atcb.org)**

### **In the Next ATCB Review**

- Information on the new employer brochure
- Summary of ATCB Strategic Planning Session
- Information from Spring 2005 Board of Director's meeting
- Information on the Board Certification Examination on November 19, 2005

## ***Congratulations to Our New ATRs!***

### ***July 2004-February 2005***

Deann Acton	Brandie Cormier	Michelle Harris	Kristen Lopez	Deborah Rondinella
Carolyn Adessa	Mary Beth Cote	ElizabethHartz	Tammy Love	Johanna Rosenfield
Ruth Airhart	Tara Cronin	Joelle Hathaway	Lacy Lowry	Merryl Rothaus
Rachel Albert	Sarah D'Agostino	Joan Hawkins	Lauren Lucchese	Dorothy Russell
Yvette Alt	Angela Daniels	Beverly Henes	Huyen MacMichael	Mariko Saito
Michele Amendolari	Tosha Davis	David Henley	Christine Makarewicz	Elizabeth Sanders
Kim Anderson	Lourie Davis	Sandra Hirschfield	Barbara Margolies	Lynn Scarbrough
Carson Anderson	Stacy De Las Alas	Lisa Hixenbaugh	Melissa Marks	Janice Schwartz
Mary Andrus	Lisa Deeb	Rosalyn Hochstein	Karyn Martino	Jennifer Scott
Mindy Arce	Deborah Del Signore	Kendra Hoffmaster	Michelle Masbaum	Kristin Sellke
Paula Artac	Keith Delancey	Susanne Holloran	Erica Maxion	Julie Shannon
Kelly Ashby	Trina Delia	Elizabeth Holmes	Patricia Mazul	Kit Shapiro
Maureen Baddour -	Joanne della Penta	Michelle Anne Hololob	Jodi McKee	Jessica Simon
Moses	Benedicte Deschamps	Kathryn Howard	Lois Merrill	Beth Sirota
Ann Bahr	Laura JJ Dessauer	Adam Huffman	Aurelie Meslin	Christina Smith
Wendy Bauer	Jolene Desson	Rebecca Hunger	Kathryn Mierke	Sara Smith
Leah Bell	Victoria Detiger	Constance Hunt	Naomi Mishali	Heidi Smith
Stacy Bell	Monica Devine-Haley	Caroline Hunter	Mary Kathleen Moore	Stephanie Somppi
Catherine Benavides-	Lisa Diamond-Raab	Darlene Jackson	Mychelle Moritz	Karla Steckler
Arbas	Melissa Dicarlo	Lukas Jaeggi	Julie Nearing	Laurie Stern
Diane Bernstein	Dorothy DiGiminiani	Rachel Jaslow	Mary Newhouse	Susan Stimmell
Kara Berringer	Yoko Dizon	Stacy Jones	John Norris	Laura Street
Bonnie Bluestein	Laura Dobbs	Juliet Jue	Margaret Nowak	Anne Stubert
Michelle Bodwell	Deborah Douek	Joanna Kabat	Frances Nutter-Upham	Genevieve Symons-
Wendi Lea Boettcher	Alexia Electris	Rita Lynn Kanareff	Jennifer Oefelein	Lundberg
Elissa Bowes	Heather Fabbre	Johanna Kane	EtsukoOkamoto	Rowena Talusan
Tabitha S Bradford	Dora Fairchild	Diane Kearns	Theresa Okunowski	Tara Tanwongprasert
Pamela LouiseBrauchi	Meredith Farrell	Roni Kellner	Tara Paisley	Christina Taylor
Sheryl Braunstein	Jennifer Fields-Ferris	Mary Kew	Angela Paul	Dawn Truby
Seung-Eun Brenner	Rebecca Fischer	Lisa Kiefer	Denise Pavich	Geoffrey Vaughn
Elissa Bromberg	Donna Fragapane	Jong-Hee Kim	Sherry Peck	Holly Viola
Brenda Brown	Ariel Frager	Hee Sun Kim	Caroline Peterson	Anakela C Washington
Kathryn Bryan	Grace Frantilla	Elizabeth Kim	Maria Petras	Jillian Loraine
Laura Buonomo	Reiko Fujisawa	Christina Kittstein	Lisa Phillips	Waterfield
Christine Lee Burns	Linda Gates	V. Daniel Kollar	Karen Pollock	Suzette Westsmith
Peggy Calder	Carole Gauthier	Christopher Krymski	Susan Price	Lisa Williams
Rita Canny	Lancon	Amy Kuzniar	Robyn Proctor	Tracy Williams
Donna Caputo	Amanda Gesme	Jo Mazza Lagattuta	Holly Queen-Daugherty	Heather Williams
Elizabeth Cardona	Dawn Gilbert	Amanda Lance	Adriana Ethel	Amy Williams
Cynthia Carlson	Kristina Gilliam	Elizabeth Lang	Rabinovich	Michael Worrix
Alyssa Caroselli	Virginia B Graham	Lindsay Lauder	Dena Rain Adler	Adrienne Yurinko
Megan Charney	Adam Graves	Maria	Rebecca Ratkowski	Amy Zubek
Evelyn Co	Molly Greece	ChristineLaVorgna-	Jennifer Reed	
Carrie Coblentz	Marni Greenwald	Smith	Sharon Reese	
Nadine Cohen	Irini Gregoriou	Yun Jung Lee	Angie Reichert-Hester	
Lisa Cohen	Atara Grenadir	Gail Lipe	Deborah Rice	
Kim Coleman Deinzer	Andrea Grumbine	Sandra Jane Little	Kathleen Blake Ridley	
Teresa Connell	Marisa Guglietta	Sandra Lloyd	Maureen Riley	
Deanna Cooper	Jennifer Haar	Amy Loblaw	Megan Robb	

## Congratulations to Our New ATR-BCs

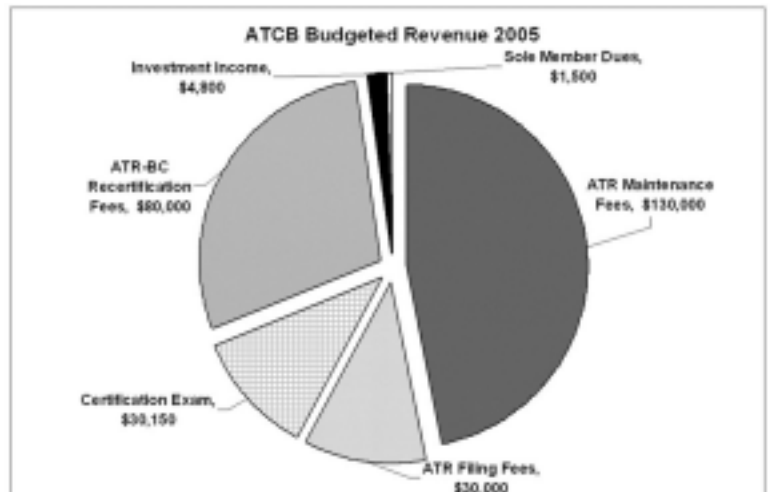
Joseph Ferry	Amy Sloboda	Casey Cline	Dorolyn Alper
Gail Ferens	Jennifer Johnston	Erica Rooney	Susanne Bifano
Betsy Shapiro	Melanie Bien	Jonathon Borah	Darcy Perotto
Nancy Slater	Laura Zeisler	Jodelle Kruger	Monica Aranibar
Peter Woronoff	Colleen Kunz	Frances Borghere	Baerbel Buchelt
Felice Gittelman	Alayne Gosson	Diane Alvy	Pamela Vallett
Denise Newirth-Kramer	Karen Abato	Joanne Matthews	Susan Casper
Britt-Marie McDowell	Beth Rubin	Yan Huo	Stephanie Wise
Teddy Ramsden	Sally Jo Hand Greenwalt	Mieke Toland	Anne Rettig
Karen Dahlman	Lesley Randall	Daniela Pogue	Katherine O'Doherty
Lynn Chauvin-Bezinque	Libby Schmanke	Wendi Hawley	Jean Joslin
Nina Hellman	Kim Wisniewski	Amanda Wyatt	Suzanne Seligson
Susannah Jackson	Lisa Martinelli	Monika Tang	Eileen Druckenmiller
Pauline Stout	Rachel Bowman	Diana Matteson	Sylma Fine
Milissa Finkel	Darlene Alberty	Rosalie Skakum	Kevin Saunders
Meagan Pugh	Angela Burkhardt	Amy Adkisson	Marguerite DeRosa
Susan Pustilnik	Carol Seydewitz	Bettina Boccaccio	Martha Young
Allison Deckel	Emily Stechler	Cho Tai	Debra Knicos
Nick Ryan	Susan Firestone	Kacie Karafa	Claudia St Clair
Shawna Scarpitti	Valencia Carroll	Carolyn Farrley	Rita Jendrzewski
Leslie Werlin	Jane Vogel-Riley	Callie Gladman	Christine Harris
Min Kennedy	Joan Stanford	Jennifer Lopez	Jessica Berg
Sandra Elahi	Cynthia Coyle	Melissa Bauer	Julie Szarowski-Cox
Sarah Vollmann	Melissa Huffman	Ming-Fu Wu	Sarah Plutzer
La Shae Brigmon	Charla Renee Bullard	Jeanette DeLalla	
Linda Balloqui-Smith	Cheryl Shiflett	Sarah Hamil	

### ATCB Treasurer's Newsletter Report

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In other business at the Fall ATCB meeting, Sarah Deaver ATR-BC was elected from among the ATCB Directors to fill the position of ATCB Treasurer beginning in January of 2005. She will work closely with the ATCB management, including Dana Boylan-Walker, the ATCB's comptroller, to assure continued sound fiscal management of the ATCB.

Christianne Strang, PhD, ATR-BC  
Outgoing ATCB Treasurer



**ATCB Board of Directors  
and Committees  
2004-2005**

**PRESIDENT**

Anita Mester, ATR-BC  
Mesquite, TX

**PRESIDENT-ELECT**

Gayle Sutch, ATR-BC  
Frederick, MD

**SECRETARY**

Brenda Barthell, ATR-BC  
Arlington, VA

**TREASURER**

Sarah Deaver, ATR-BC  
Norfolk, VA

**DIRECTOR**

Deborah Good, ATR-BC  
Albuquerque, NM

**DIRECTOR**

Terry Towne, ATR-BC  
Shelton, CT

**DIRECTOR/PUBLIC MEMBER**

Thomas Hartsell, Jr.  
Dallas, TX

**EX-OFFICIO MEMBER**

Lynn Kapitan, ATR-BC  
Milwaukee, WI

**CERTIFICATION COMMITTEE  
CHAIR**

Megan Van Meter, ATR-BC  
Austin, TX

**REGISTRATION STANDARDS  
CHAIR**

Patricia Grajkowski, ATR-BC  
Austin, TX

**MANAGEMENT DIRECTOR**

Mickey Horner  
Greensboro, NC

**Is Your Workplace Proud of the Job You Do?**

The ATCB is seeking employer testimonials for a new brochure entitled “Why Should I Hire a Board Certified Art Therapist?” The brochure is geared towards promoting the ATR-BC credential to potential employers by providing information about what the credential means in terms of an art therapist’s training and level of competence.

We are hoping to include testimonials from employers who already know the value of having an ATR-BC on staff or as a consultant and we hope that you can help us out.

If you are an ATR-BC and your workplace is proud of the service you provide, please encourage the administration to write a letter of support for the credential.

Testimonials may be mailed to: Management Director  
Art Therapy Credentials Board, Inc.  
3 Terrace Way  
Greensboro, NC 27403-3660

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**Art Therapy Credentials Board, Inc.**  
3 Terrace Way, Suite B  
Greensboro, NC 27403-3660